

## A Vajrasattva Sadhana

### Dorje Sempa Meditation and the Recitation of His Mantra

(which purifies harmful actions and removes the obscurations of the mind)

Glorious and precious Root Guru who sits on a lotus-moon seat on the crown of my head, through your great kindness, having taken me as your disciple, grant me the accomplishments of the Body, Speech and Mind (of the Buddhas).

I take refuge, until I attain enlightenment, in the Buddha, the Dharma, and the Sublime Assembly. By the merit that I have accumulated through generosity and other virtues, may I obtain Buddhahood for the sake of all beings.

(Repeat 3 times)

On the crown of my head, on a lotus-moon seat,  
is Lama Dorje Sempa, white in color and wearing all the ornaments.  
He has one face and two arms; in his right hand he holds a vajra  
and in his left, a bell; he sits in cross-legged posture.

(Rays of light emanate from Dorje Sempa's heart center, invoking the assembly of absolute knowledge deities [yeshepas] who are absorbed into him. Meditate that Dorje Sempa is in essence the union of all the rare and sublime jewels. Then say:)

"Lama Dorje Sempa, please purify and remove all harmful actions, obscurations of the mind, faults and transgressions which I and other beings limitless as space have accumulated."

After this prayer, in Dorje Sempa's heart center, on a moon disc, the letter HUNG appears, surrounded by the hundred syllable mantra; from the

syllables arises an uninterrupted stream of nectar which flows from his form, enters through the opening in the crown of my head, fills my body and purifies all harmful actions and transgressions.

OM BENZRA SATO SAMAYA MANU PALAYA BENZRA SATO TENOPA  
TISHSTA DRI BO ME BHAWA SUTO KAYO ME BHAWA SUPO KAYO ME  
BHAWA ANURAKTO ME BHAWA SARWA SIDDHI MEM PRAYATSA  
SARWA KARMA SU TSA ME TSI TANG SHRI YA KU RU HUNG HA HA  
HA HA HO BA GA WAN SARWA TA TA GA TA BENZRA MA ME MUN  
TSA BENZRA BA WA MA HA  
SA MA YA SATO AH

By the vow of Vajrasattva, keeping guard, thou Vajrasattva, stay near, steady me, satisfy me, enrich me, be loving towards me. Bestow on me all perfections. In all deeds, also, make my mind virtuous. The four joys. Blessed ones. All the thus-gone. Diamond (one), do not abandon me. Make me adamant. (Thou) being of the great vow!

OM BENZRA SATO HUNG

"Protector! Through ignorance and delusion, I have not kept my commitments and have broken them. Lama, Protector, give me refuge. O Lord of beings, Holder of the Vajra, who possesses the true nature of compassion, I take refuge in you. I openly admit all the Vajrayana commitments of body, speech and mind which I have not fulfilled and have also broken, whether they be primary or secondary commitments. Grant me your blessing so that I am purified, and all harmful actions, obscurations of the mind, faults and transgressions are removed."

Dorje Sempa assures me that I am purified, melts into light and is absorbed into me. We become indivisible.

## Dedication Prayer

Through this virtue I pray all beings without exception experience the undying state of permanent bliss by merging supreme knowledge and methods and come to realize Dorje Sempa. Dedicating the merit of traveling the inner Vajra path, may I be granted the stage of Buddhahood.