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H.E. Garchen Rinpoche Advice on the Corona Virus (Sars-CoV-2)

Tashi Delek!

The coronavirus is spreading across the world. Such a disease is the result of having collectively accumulated a lot of karma with hatred and jealousy.

Everyone should supplicate the deity. There are many different deities, and we are told: "supplicate this deity" or "supplicate that deity." Actually, there is no difference between the deities. You should supplicate whichever deity you trust and have faith in.

"All the buddhas are one within the expanse of primordial wisdom". You should supplicate whichever deity you personally trust and have faith in.

In particular, to whom you have connection to, apply the balm from the Gyanagma Prayer Wheel to the nose in the morning and evening. It will surely protect you. Further, wearing these wristbands will also be of benefit. So mainly, use the balm and take more blessing pills.

Praying for these who have fallen ill, four disciples can gather to practice together, or you can do practices online, or you can practice at home by yourself. Visualize whichever Buddha you practice in the space before you and imagine that the light rays [emanating from this Buddha] pervade the entire world. In this way, practice the deity while meditating on the immeasurable love.

It doesn't matter which deity you practice. Pray to whichever deity you have the greatest faith in. For this, the World Peace Prayer is most important. Thus, whatever practice you are doing, together with it, recite the World Peace Prayer often. So, take the blessing pills continuously and apply the Gyanagma balm under your nose. This is important. I will also keep praying.

The GBI Center in Arizona has been temporary closed

After careful consideration, H.E. Garchen Rinpoche has decided to temporarily close the Garchen Buddhist Institute in Arizona. This decision is for the protection of each and every one of us and our

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many connections, near and far, from the uncertainties and risks of the global coronavirus epidemic. It's a precautionary measure to protect the welfare of ALL as we have learned that travel and group gatherings are known to increase the spread of this dangerous disease. We care deeply about the health of everyone and will continue to offer the Dharma teachings, prayers and practices online through our livestream YouTube channel.

Please contact the office if you would like a refund of any upcoming event you may have registered for. We sincerely apologize for any inconvenience this may cause. On March 9th a video message from Garchen Rinpoche will be posted on our website with more information regarding the temporary closure.

Sending heartfelt prayers and love for everyone's well being!

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