

## Dedication Prayers from Various Teachers - Contents

### Audio

1. Before dedication, by Lama Zopa Rinpoche
2. Dedication Prayers for Retreat and Daily Life, by Lama Zopa Rinpoche
3. Dedication Prayers by Venerable Sarah
4. Dedication, Aspiration, and Benediction, by Tulku Thondup
5. Dedication Prayers, by Jason Espada, with Traditional Prayers (2013)
6. Dedication Prayers by Lama Zopa Rinpoche II
7. Dedication Prayers by Lama Zopa Rinpoche III
8. The King of Aspiration Prayers
9. The Lam Rim Dedication Prayer
10. From A Guide to the Bodhisattva's Way of Life, Chapter Ten
11. Dedication by Shantideva

## Before dedication

A preceding reflection from the teachings of Lama Zopa Rinpoche:

'All phenomena – including the I, the action of dedicating, the merits that are dedicated, the goal of enlightenment to which they are dedicated, and the sentient beings for whom they are dedicated – are completely empty of existing from their own side. With the continual awareness of this, I now impute labels, and dedicate...'

Dedication Prayers for Retreat and Daily Life, by Lama Zopa Rinpoche

Due to the merits of the three times collected by me, the buddhas, bodhisattvas, and all other sentient beings, may bodhichitta - cherishing others, letting go of oneself, letting go of the I, which is the source of all the happiness and success of myself and all other sentient beings - be generated within my own mind and in the minds of all sentient beings without even a second's delay. May that bodhichitta which has already been generated increase.

Due to the merits of the three times collected by me, the buddhas, bodhisattvas, and all other sentient beings, may all the father - mother sentient beings have happiness; may the three lower realms be empty forever; may all bodhisattvas' prayers succeed immediately; and may I be able to cause all this to happen by myself, alone.

Due to the merits of the three times collected by me, the buddhas, bodhisattvas, and all other sentient beings, may His Holiness the Dalai Lama, the Buddha of Compassion, and all other holy beings, all our virtuous friends, have stable lives, and may all their holy wishes succeed immediately.

Due to the merits of the three times collected by me, the buddhas, bodhisattvas, and all other sentient beings, may I be able to offer skies of benefit to all sentient beings as Lama Tsongkhapa does by having within me the same qualities that Lama Tsongkhapa has, from now on, in all my future lifetimes.

Due to the merits of the three times collected by me, the buddhas, bodhisattvas, and all other sentient beings, which are totally non-existent from their own side; may the I, which is also totally non-existent from its own side; achieve Guru Shakyamuni Buddha's enlightenment, which is also totally non-existent from its own side; and lead all sentient beings,

who are totally non-existent from their own side; to that enlightenment, which is totally non-existent from its own side, by myself alone, who is also totally non-existent from its own side.

I dedicate all my merits in the way greatly admired by the buddhas and bodhisattvas of the three times and realized by Samantabhadra and Manjushri.

May I be able to completely actualize Lama Tsongkhapa's teaching, which unifies sutra and tantra, within my mind and spread these teachings in the minds of all sentient beings. Thus, may Lama Tsongkhapa's teachings flourish forever.

Due to all the merits of the three times collected by me, all the buddhas and bodhisattvas, and all sentient beings, may any sentient being who hears me, touches me, remembers me, thinks about me, talks about me (whether praising or criticizing), abuses me, treats me badly or makes any connection with me - simply by having made that connection - may they never ever be reborn in the lower realms. May those sentient beings immediately be liberated from all disease, spirit harms, negative karma and defilements, develop faith in refuge and karma, and quickly achieve enlightenment, by actualising the whole path, especially bodhichitta. By my hearing that someone is sick may it immediately cause that person to completely recover and have the most meaningful life by practicing the Mahayana path. By my hearing somebody has died may it cause that person to immediately be reborn in a pure land where they can get enlightened.

Due to the merits of the three times created by me, the buddhas, bodhisattvas, and all other sentient beings, may I, the members of my family, all the students and benefactors of this organization, and all the rest of the sentient beings meet only perfectly qualified Mahayana gurus in all our future lifetimes. From our side may we see them only as enlightened beings. May we do only actions most pleasing to the holy minds of the virtuous friends. May we be able to fulfill all their holy wishes immediately.

Due to all the merits of the three times collected by me, the buddhas, bodhisattvas, and all other sentient beings, may whatever I experience, good or bad, suffering or happiness, sickness or health, praise or blame, gain or loss, good reputation or bad reputation, long life or death, even being born in the hell realms, whatever I experience, may it only be of benefit to sentient beings - that which causes all sentient beings to achieve enlightenment by myself alone.

Due to the merits of the three times collected by me, the buddhas, bodhisattvas, and all other sentient beings wherever I am - whatever universe, world, country, area, or place - just by my being there, may the sentient beings who are in that universe, world, country, area, or place never be reborn in the lower realms. May they immediately be liberated from all disease, spirit harm, negative karma, and defilements and may they achieve enlightenment quickly by actualizing the whole path, especially bodhichitta. May wars, famine, sickness, and natural disasters immediately be stopped, and may these things never be experienced again. May I also become wish-fulfilling for sentient beings, able to fulfill all their wishes according to Dharma.

Due to the power of the blessings of the eminent buddhas and bodhisattvas, the power of infallible dependent arising, and the power of my pure special attitude, may all my pure prayers succeed immediately.

By pacifying all the signs of obstacles  
 And by perfecting every single required condition,  
 May the Dharma tradition of the Dharma king Tsongkhapa  
 Be preserved and developed.

Due to the two types of merit collected  
 Over the three times by myself and others  
 May the teaching of the far-famed  
 Victorious One's pure wisdom blaze forth

Dedication by Venerable Sarah

Dedicate the merit  
for all those who are sick, and suffering

and all those involved in wars  
fighting, killing

depression

those who've lost their jobs  
those who've lost their money

those who've lost their hope  
who feel hopeless

those in hospitals now  
those who are sick,  
those who are dying,  
those with operations

those who are suffering mental sicknesses -

*all sentient beings*

to be *never separated* from Medicine Buddha

and may they quickly achieve enlightenment  
in order to free all beings

and may all the prayers the Medicine Buddhas made be actualized right  
now

Dedication, Aspiration and Benediction, by Tulku Thondup, from the audio cd 'Boundless Healing', lightly edited.

So now let us dedicate, and make boundless the aspirations of this meditation.

Let us dedicate all these merits that we have created by this meditation to all mother beings, as a cause of happiness, peace and joy for them, and as a cause of their attainment of Healing Buddha's blessings, peace and joy.

By the power of the Buddhas,  
Healing Buddha,  
and by the power of the infinite Buddhas  
that we have prayed to in the sky  
and prayed to in our body,

by the power of all these Buddhas,  
and by the power of all the Pure Lands,

and by the power of the Buddha, Dharma, and Sangha,

by the power of the meditation we have done,

by the power of the merits that we have created,

and by the power of the Ultimate Nature, Absolute Truth,  
by the power of interdependent causation,

May all mother beings have happiness, peace and joy  
May they always be with Healing Buddha's blessing light,  
blessing energy, and blessing sound, without separation

And may we always be with Healing Buddha's blessing light,  
blessing energy, and blessing sound, without separation,  
day and night, awake or asleep,  
in good times and bad times

And may we always be the source of Healing Buddha's blessings  
for all mother beings, especially those with whom we have close  
connections, and we have special responsibilities

And by the power of all the Buddhas,  
May all our prayers be answered  
May all our wishes be fulfilled

(Benediction)

Now think and feel that Buddhas in the sky, and Buddhas in our body, give  
us their benediction. In one thunderous voice, filling the universe, they say  
to us:

'May your prayers be answered  
May your wishes be fulfilled

'May you be healed of your old illness  
ills of your mind, and your body

'And may you always be with Healing Buddha's  
blessing light, blessing energies, and blessing sound'

Think and feel that we have accomplished the healing activities, the  
blessings of the Healing Buddha.



Dedication Prayers, by Jason Espada, with Traditional Prayers (2013)

By this merit,  
and the merit of any other good I have done,

together with all the blessings and virtue  
of all the ten-directions three times

Buddhas and Bodhisattvas,

Saints and Sages,

Yidams,

Saviors, Great World Teachers,

Realized Beings,

Lamas, Monks and Nuns,

Yogis and Yoginis,

Arhats and Ajaans,

Contemplatives of all Traditions,

and all excellent practitioners,

by all these limitless skies of merit,

together with all the virtue and pure good wishes of family, friends,  
and noble, kind hearted people everywhere,

along with all the wonderful, positive energy of the natural world,

and the blessings of celestial beings,

angels and ancestors, guardians and protectors,

by the merit and positive energy of all the good that exists,

by all the virtue of the Ultimate Nature,

Universal Goodness,

Universal Love and Compassion,

by all this merit,

May the benefit of beings everywhere effortlessly arise

May all beings benefit.

May all beings have happiness,  
and the causes of health and happiness.

May this bring healing wherever it is needed.

May this bring about the firm establishment  
of true health and happiness for us all.

By the virtue of this practice, by all this merit,  
may we all be completely free from all illness, spirit harm,  
and from all of the afflictive emotions forever

May we all be completely free from all samsaric states forever  
May we all know freedom

May all beings completely realize the Dharmakaya, and,  
May this be the medicine that frees everyone from suffering

(a prayer by the Noble Spiritual Friend Lama Zopa Rinpoche)

By this merit, may all those who are unhappy in any way,  
(confused, angry, anxious, afraid, attached,  
sad or depressed, with distorted views),  
instantly  
be completely freed from those states.

May they be comforted,  
and may they have perfect peace,  
wisdom, strength and lasting joy.

By all merit and positive spiritual energy,  
may all those who are suffering from pain or illness  
immediately be totally freed from that pain,

May they immediately be completely healed,  
and may they all be firmly established in true and lasting health and  
happiness  
well being and strength,  
comfort and ease.

By all this merit,  
may all those who want to go on retreat  
have the opportunity to do so without delay;  
May they all have the resources they need,  
may they find all suitable conditions,  
and, without obstacles,  
may their retreat go exceedingly well  
May they have all excellent realizations

By all this merit,  
May health increase everywhere  
May ethics, and meditation and wisdom increase in me and in the world  
May loving kindness and compassion increase, and  
May peace and harmony increase everywhere

By all this merit,  
may all those who work to heal receive all they need  
May their healing qualities increase limitlessly,  
and may they remain without pride

By all this merit,  
may all monasteries,  
monks, nuns, and lay practitioners,  
Dharma Centers, hospitals, clinics,

schools and social service centers  
 have everything they need to serve beings most effectively

May monastics and the laity everywhere all keep completely pure ethics,  
 develop the supreme good heart, and wisdom,  
 and may all their good works effectively flourish forever

By all this merit,  
 may all beings have all they need in their lives  
 May those who need a job find a good job,  
 and may they prosper  
 May those who need a place to live find a good place to live  
 May those who need food and drink find good food and drink  
 May those who need a friend find a friend

By all this virtue,  
 May we all have everything we need to be truly happy

By all this merit,  
 May everything we see, hear, think about and dream be auspicious

By all this merit, may all the pure positive wishes we have for each other  
 be completely fulfilled,  
 instantly, and effortlessly,  
 just as in a Pure Land

(the following two prayers I have heard and admired from Lama Zopa Rinpoche)

By all this virtue  
 May those I hear about that are sick immediately be healed

May all those who have come to my attention  
 who have any illness,

or who are unhappy, or in need in any way  
 be blessed  
 May they be healed  
 May they all benefit  
 May they all have happiness  
 and all the completely actualized causes of health and happiness

and,

May those I have heard about who have passed away be reborn in a Pure  
 Land, without taking birth any place else

May their families be comforted  
 May they all know blessed peace

By all this merit,  
 May those I hear about who are experiencing difficulties  
 be free from those difficulties,  
 and may all fortunate circumstances come to them right away

May the spiritual energy that arises  
 from my devotion to the Enlightened Ones,  
 be dedicated to dispelling the misery of living beings without exception

May the supreme jewel, bodhicitta  
 arise where it has not yet arisen  
 Where it has arisen, may it not diminish  
 May it ever grow and flourish

By this merit,  
 and the merit of any other good I have done,  
 together with all the blessings and virtue  
 of all the ten-directions three times  
 Buddhas and Bodhisattvas,

Saints and Sages,  
Yidams,  
Saviors, Great World Teachers,  
Realized Beings,  
Lamas, Monks and Nuns,  
Yogis and Yoginis,  
Arhats and Ajaans,  
Contemplatives of all Traditions,  
and all excellent practitioners,

by all these limitless skies of merit,

together with all the virtue and pure good wishes of family, friends,  
and noble, kind hearted people everywhere,

along with all the wonderful, positive energy of the natural world,  
and the blessings of celestial beings,  
angels and ancestors, guardians and protectors,

by the merit and positive energy of all the good that exists,  
by all the virtue of the Ultimate Nature,  
Universal Goodness,  
Universal Love and Compassion,

by all this merit,

May warfare cease,  
may all injury be healed,  
and all danger pacified

May we all produce the conditions  
for countless generations, starting now,  
to experience genuine peace

May we all cherish one another  
and this world we live in

May we all be supremely respectful, considerate,  
kind, and gentle to ourselves  
and to each other

May our intentions equally penetrate  
every being and place  
with the true merit of Buddha's Way.

without grasping or clinging to anything *at all*,  
may it be this way

By all this merit,  
may all those to whom I am connected  
by good or bad karma,  
have every happiness  
May they all know freedom,  
and may they be free of all suffering

May they receive all joys, and all good fortune,  
and may they and their loved ones,  
all have good health, wisdom,  
long life,  
well being, and strength,  
comfort and ease

By this merit,  
may family members and friends who are estranged  
be reconciled,  
and may there always be peace between them, from now on

May all the prayers of the Buddhas and Bodhisattvas  
 be completely realized now  
 and may all of my prayers succeed immediately

By this virtue,  
 May those who are in need in any way whatsoever  
 receive every benefit  
 May all have happiness  
 and all the actualized complete causes of health and happiness

{at this point, a review of the names and circumstances of those particular  
 individuals that you wish to pray for can be inserted here}

By all this virtue,  
 May those who are in need in any way whatsoever  
 receive every benefit  
 May all have happiness  
 and all the fully actualized complete causes of health and happiness

By all this merit,  
 and by following the example of my  
 Guides of Great Virtue,  
 may I not withhold any gift whatsoever  
 from any being in any place,  
 wishing them all a great abundance of joys!

By all the limitless good that exists,  
 may all the needs of all living beings everywhere be completely fulfilled

By all this merit, for every one of us,  
 when this life is over,  
 may we each be born immediately in a Pure Land,  
 and in all our lives



May we never be separate from qualified teachers,  
and from conducive environments, with all the supportive conditions for  
continuing our practice of the Dharma

May I always go wherever I can bring the greatest benefit to others,

By all this virtue

May I attain the complete realization of all practice  
that I bring all others to that same state

May we all individually attain the complete realization of our spiritual  
practice,  
freedom, genuine, stable happiness,  
health and peace, and all good things,  
wisdom, compassion, and ability

By all this merit,

May all holy teachers live long, and guide us until samsara ends.  
And may there be peace and joy in all the world.

## Dedication Prayers by Lama Zopa Rinpoche

### II.

Due to all the past, present, and future merits collected by me and the merits of the three times collected by all the buddhas, bodhisattvas, and other sentient beings, may any sentient being just by seeing me, touching me, talking about me, remembering me, or dreaming about me never ever be reborn in the lower realms from that time forward. May they immediately be liberated from all disease, spirit harms, negative karma, and defilements.

May anyone who sees me, touches me, talks about me, or remembers me immediately be cured of cancer, AIDS, coma, arthritis, migraine, and other heavy diseases. May those possessed by spirits be immediately released from the harm of those spirits. May anyone who is dying immediately stop experiencing terrifying emotions and karmic appearances and feel incredible bliss in their heart. May they then be born in a pure land of Buddha, where there is no suffering of rebirth, old age, sickness, or emotional problems. Totally free from all suffering and its causes, may they become enlightened there.

### III.

Due to all the past, present, and future merits collected by me, all the three times' merits collected by numberless sentient beings and numberless buddhas, may bodhichitta be actualized in one's heart.

Due to all the past, present, and future merits collected by me, all the three times' merits collected by numberless sentient beings and numberless buddhas, may the bodhicitta, the source of all success for oneself, and happiness up to enlightenment, and the source of success and happiness for all the

numberless hell beings, numberless hungry ghosts, numberless animals, numberless human beings, numberless suras and asuras, to be actualized in the heart of oneself and all sentient beings.

May it be generated in the hearts of all sentient beings, especially the supporters, those who are serving the organization in the past, present, and future, (especially those serving Kadampa Center), in the hearts of our family members; for bodhichitta to be generated and in those whose hearts it has been generated may it increase.

May the supreme jewel bodhichitta  
That has not arisen, arise and grow;  
And may that which has arisen not diminish  
But increase more and more.

Due to all the past, present, and future merits collected by me, all the three times' merits collected by numberless sentient beings and numberless buddhas, may bodhichitta be actualized in the hearts of all the leaders of the world, especially in those countries where there is unbelievable suffering, may bodhichitta be generated in their hearts...

May the supreme jewel bodhichitta  
That has not arisen, arise and grow;  
And may that which has arisen not diminish  
But increase more and more.

Due to all the past, present, and future merits collected by me, all the three times' merits collected by numberless sentient beings and numberless buddhas, may bodhichitta be actualized in the hearts of all the people who follow different religions, may this world be filled with perfect peace and happiness, may whatever we do never harm and may it become only the cause of perfect peace and happiness.

May the supreme jewel bodhichitta  
 That has not arisen, arise and grow;  
 And may that which has arisen not diminish  
 But increase more and more.

Every single understanding of Buddhism that we have, every single purification we do every day by doing the practice, every single merit we collect, every time we generate bodhichitta and it becomes cause of enlightenment, every time we meditate on lam rim and plant seeds of enlightenment, all this is due to the kindness of His Holiness the Dalai Lama; and, secondly, due to the kindness of Lama Yeshe. So pray for His Holiness the Dalai Lama to have a stable life and all his wishes to be successful; and pray for whatever wishes Lama Yeshe had to become successful; for Lama Osel to be like sunshine in the world, especially for young people, to turn their minds toward enlightenment.

Pray to actualize immediately all the prayers that Chenrezig made for Tibet in the presence of the buddhas and bodhisattvas.

Due to all the past, present, and future merits collected by me, all the three times' merits collected by numberless sentient beings and numberless buddhas, may all the father and mother sentient beings have happiness, may the lower realms be empty forever... May I be able to cause all this by myself, alone.

Whatever suffering other sentient beings have may it ripen upon me.  
 Whatever happiness I have may it ripen upon other sentient beings.

Due to all the past, present, and future merits collected by me, all the three times' merits collected by numberless sentient beings and numberless buddhas, may oneself and one's own family members, all the students in the organization, all the supporters who have served the organization in past and

are serving now, everyone in this world; may we be guided by Lama Tsongkhapa being the Mahayana direct guru in all our lifetimes, never be separated from the pure path admired by all the buddhas.

Due to all the past, present, and future merits collected by me, all the three times' merits collected by numberless sentient beings and numberless buddhas, which exist but *totally* do not exist from their own side, may the I who exists but who *totally* does not exist from its own side, achieve Guru Shakyamuni Buddha's enlightenment, which exists but *totally* does not exist from its own side, and lead all sentient beings who exist, but who *totally* do not exist from their own side to that Guru Shakyamuni Buddha's enlightenment which *totally* does not exist from its own side by myself alone who *totally* does not exist from its own side.

May the organization, the FPMT, be most beneficial to sentient beings, to spread the lam rim teachings, cause the sentient beings to have lam rim realizations, and in particular the Kadampa Center (center wherever we are) to be most beneficial and to spread the lam rim teachings, the cause of realizations, in the hearts of sentient beings, and for oneself to spread the lam rim realizations in the hearts of all sentient beings.

May Lama Tsongkhapa's teachings, which unify sutra and tantra and are like refined gold, spread in the hearts of everyone in this world.

## The King of Aspiration Prayers

To all the Lions Among Humans who appear  
in the ten directions and three times,  
I pay homage with reverent body, speech, and mind.

(2)

The power of my Aspiration Prayer for Excellent Conduct,  
brings all the Victorious Ones directly to mind;  
and with bodies as numerous as atoms in all the realms,  
I bow to them all.

In each atom there are Buddhas as numerous as atoms in all the worlds,  
each residing in the midst of their sons and daughters;  
In this way, the whole dharmadhatu  
is completely filled with Victorious Ones.

And to those with oceans of inexhaustible praise-worthy qualities-  
with sounds containing oceans of tones of melodic speech,  
I express their qualities, praising all the Sugatas.

(5)

I offer them the finest flowers, the finest garlands,  
music, balms, supreme parasols,  
supreme lamps, and the finest incense;

the finest cloths, supreme scents,  
and fine colored powders equal to Mount Meru,  
all displayed in supreme and magnificent ways.

With great faith in the excellent conduct of all the Victorious Ones  
 I bow deeply, and venerate them all  
 with vast, unsurpassable offerings.

Whatever negative actions I have performed  
 with body, speech, and also mind  
 overpowered by desire, aggression, and ignorance  
 I confess each and every one of them.

I rejoice in everyone's merit-  
 The Buddhas of the ten directions,  
 the Bodhisattvas, Arhats, and Pratyekabuddhas,  
 those in training, those beyond training,  
 and all beings.

(10)

I request the Protectors,  
 the Lamps of the Worlds of the Ten Directions,  
 who, passing through the stages of awakening,  
 attained Buddhahood, beyond attachment,  
 to turn the unsurpassable Dharma Wheel!

With my palms joined together,  
 I supplicate those who intend to demonstrate nirvana  
 to please remain for kalpas as numerous as atoms in the realms  
 for the welfare and happiness of all beings.

I dedicate whatever slight virtue I may have accumulated  
 through bowing, offering, confessing,  
 rejoicing, requesting, and supplicating  
 to the enlightenment of all beings.

May offerings be made to Buddhas of the past,  
 and to all who now dwell throughout the ten directions of the universe!  
 May all who are yet to come swiftly fulfill their wishes  
 and attain the stages of Enlightenment and Buddhahood!

May all the worlds in the ten directions  
 become completely pure,  
 filled with Buddhas who have awakened beneath the sacred trees,  
 and around them all their Bodhisattva Heirs!

(15)

May as many sentient beings as there are in all the ten directions  
 live always and forever in happiness and health!  
 May all beings meet the Dharma that befits them best!,  
 and so may all their hopes be fulfilled!

(16)

As I practice the training for enlightenment,  
 may I recall all my previous births,  
 and in all my successive lives,  
 may I always renounce the common, worldly life!

Training in the footsteps of all the Victorious Ones,  
 may I bring good actions to perfection,  
 and may my moral conduct be taintless and pure,  
 never lapsing, and always free from fault!

In the language of the gods, nagas, and yakshas,  
 in the language of demons and of humans too,  
 in however many kinds of speech there may be -  
 I will proclaim the Dharma in the language of all!



Taming my mind, and striving in the paramitas,  
 I will always keep in my heart and mind  
 the aspiration to enlightened understanding and activity.

May all my harmful actions and the obscurations they cause  
 be completely purified, every single one!

(20)

May I be freed from karma, harmful emotions and the work of negativity,  
 and act for all beings in the world,  
 just like the lotus flower to which mud and water cannot cling,  
 or like the light of the sun and moon,  
 that moves unhindered through the sky.

(21)

Throughout the reach and range of the entire universe  
 I will pacify completely all the inconceivable sufferings  
 of countless beings, in all the lower realms;  
 and I will lead all of them to enjoy every temporal and ultimate happiness.  
 In this way I will work for the benefit for each and every one!

I will bring enlightened action to perfection,  
 serve beings so as to suit their needs,  
 teach them to accomplish good actions,  
 and continue this, throughout all aeons to come!

May I always meet and be accompanied by  
 those whose actions accord with mine;  
 And in body, speech and mind as well,  
 May our actions and aspirations always be as one!

May I always meet spiritual friends  
 who long to be of true help to me,  
 and who teach me the good actions;  
 Never will I disappoint them!

(25)

May I always behold the Buddhas, here before my very eyes,  
 and around them all their Bodhisattva Sons and Daughters;  
 and without ever tiring, throughout all aeons to come,  
 May the offerings I make them be endless and vast!

May I maintain the Sacred Teachings of the Buddhas,  
 and cause Enlightened Action to appear;  
 May I train to perfection in good actions,  
 and practice these in every age to come!

As I move through all states of samsaric existence,  
 may I gather merit and wisdom,  
 and so become an inexhaustible treasury of noble qualities-  
 of skill, and discernment, samadhi, and liberation!

In a single atom, may I clearly see as many Pure Realms  
 as there are atoms in the universe:  
 and in each realm, Buddhas beyond imagining,  
 encircled by all their Bodhisattva Heirs;  
 Along with them,  
 may I perform the Activities of Enlightenment!

Everywhere, may I see an ocean of Buddhas,  
 in an ocean of Pure Realms,  
 and, throughout an ocean of aeons,  
 May I enter into an ocean of Enlightened Activities!

(30)

Each single word of a Buddha's speech,  
 that voice with its ocean of qualities,  
 bears all the purity of the speech of all the Buddhas,  
 sounds that harmonize with the minds of all living beings:  
 May I always be engaged with the Speech of the Buddhas!

May I hear and realize  
 the inexhaustible melody of the teachings,  
 spoken by all of the Buddhas, past, present and future,  
 as they turn the Wheel of Dharma!

Just as the wisdom of the Buddhas penetrates all future aeons,  
 so may I too know them, instantly, (snap)  
 and in each fraction of an instant may I know  
 the three times.

(33)

In an instant,  
 may I behold all those who are the Lions of the Human Race-  
 The Buddhas of past, present and future!

*May I always be engaged in the Buddhas' way of life and action,  
 through the power of liberation,  
 where all is realized as like an illusion!*

On every single atom, may I actually bring about  
 the entire array of Pure Realms  
 of past, of present and future;  
 and then enter into those Pure Buddha Realms in each atom,  
 and in each and every direction.

When those who will illuminate the world, who are still to come,  
 gradually attain Buddhahood, turn the Wheel of the Dharma,  
 and demonstrate the final, profound peace of nirvana,  
 may I be always in their presence!

(36) (9)

Through the power of swift miracles,  
 the power of the vehicle, like a doorway,  
 the power of conduct that possesses all virtuous qualities,

the power of loving kindness, all-pervasive,  
 the power of merit that is totally virtuous,  
 the power of wisdom free from attachment,  
 and the powers of knowledge, skillful means, and samadhi-  
 May I perfectly accomplish the power of Enlightenment!

(38)

May I purify the power of karma;  
 Destroy the power of harmful emotions;  
 Render negativity utterly powerless;  
 And perfect the power of good actions!

I will purify oceans of realms;  
 Liberate oceans of sentient beings from their oceans of sufferings;  
 Understand oceans of Dharma;  
 Realize oceans of wisdom;

Perfect oceans of actions;  
 Fulfill oceans of aspirations;  
 Serve oceans of buddhas;  
 and perform these,

without ever growing weary,  
throughout oceans of aeons!

All Buddhas throughout time  
attained Enlightenment through their prayers  
and Noble Activity;

May I awaken in myself the same motivation  
as all Buddhas,  
and then completely fulfill these vows!

(42)

The eldest of the sons of all the buddhas  
is called Samantabhadra: 'All Good';  
So that I may act with skill like his,  
I dedicate fully all these merits!

(43)

With pure body, speech, mind,  
and actions,  
in all realms,  
May I be the equal of Samantabhadra  
in his skill in good dedication!

In order to perform the full virtue of good actions,  
I will act according to Mañjushri's prayers and aspirations,  
and without ever growing weary, in all aeons to come,  
I will perfectly fulfill every one of his aims!

(45)

May my beneficial activities be beyond measure!  
 May my enlightened qualities be measureless too!  
 Keeping to this immeasurable activity,  
 may I accomplish all the miraculous powers of enlightenment!

(46)

Limitless is the extent of space,  
 and limitless is the number of sentient beings;  
 Limitless are the karmas and delusions of beings-  
 such then are the limits of my aspirations!

Whoever hears this king of dedication prayers,  
 and yearns for supreme enlightenment,  
 whoever even once arouses faith,  
 will gain true merit greater still

than by offering the victorious buddhas  
 infinite pure realms in every direction,  
 all ornamented with jewels,  
 or by offering them all the highest joys of gods and humans  
 for as many aeons as there are atoms in those realms.

Whoever truly makes this Aspiration to Good Actions,  
 will be never again born in the lower realms;  
 They will be free from harmful companions,  
 and soon behold the Buddha of Boundless Light.

(50)

They will acquire all kinds of benefits,  
 and live in happiness;

Even in this present life,  
 all will go well,  
 and before long,  
 they will become just like Samantabhadra.

All negative acts-  
 even the five of immediate retribution-  
 whatever they have committed when previously in the grip of ignorance,  
 all will soon be completely purified, if they recite, meditate on,  
 and actualize this Aspiration Prayer to Good Actions.

They will possess perfect wisdom,  
 beauty, and excellent signs;  
 be born in a good family, and have a radiant appearance.  
 Demons and heretics will never harm them,  
 and all three worlds will honor them with offerings.

They will quickly go beneath the bodhi tree,  
 to benefit all sentient beings;  
 and there they will awaken, turn the Wheel of Dharma,  
 and tame Mara with all his hordes.

The full result of keeping, teaching, or reading  
 this Prayer of Aspiration to Good Actions  
 is known to the Buddhas alone.  
 Have no doubt-  
 supreme enlightened understanding will soon be yours!

(55)

Just as the courageous Mañjushri attained omniscience,  
 and Samantabhadra too,  
 all these merits I now dedicate  
 to train and follow in their footsteps.

All the victorious Buddhas of the past, present and future  
 praise dedication as supreme.  
 So now do I dedicate all these roots of virtue  
 for all beings to completely perfect good actions.

When the time of death comes for me,  
 may all my obscurations vanish;  
 and, seeing Amitabha,  
 may I go directly to his Pure Land of Sukhavati!

Having gone there,  
 may I clearly bring to mind all of these aspiration prayers,  
 fulfill all of them completely,  
 and benefit beings for as long as worlds exist!

May I be born within a beautiful lotus,  
 in that Excellent and Joyous Realm of the Victorious One;  
 And from the Victorious One Amitabha directly  
 may I receive a prophecy.

(60)

Having received His prophecy there,  
 may I benefit all beings in the ten directions, in whatever way is needed,  
 with countless emanations.

Through whatever slight virtue I may have accumulated  
 by making this Aspiration Prayer for Excellent Conduct,  
 may all the virtue of aspiration prayers for all beings  
 be accomplished instantly.

By the infinite and genuine merit,  
 attained through dedicating the Aspiration Prayer for Excellent Conduct,  
 may all beings drowning in floods of sufferings



reach the Place of Amitabha.

May this King of Aspiration Prayers  
bring about the supreme aim and benefit for all infinite beings;

Completing this scripture adorned by Samantabhadra,  
May the lower realms be forever empty.

\* \* \*

This completes "*The King of Aspiration Prayers, The Aspiration for Excellent Conduct.*"

Translated from Sanskrit by the Indian Khenpo Jinamitra, Surendrabodhi,  
translator Bande Yeshe De and so forth, and chiefly edited by the Great  
Translator Vairotsana.

Translated into English under the guidance of Khenpo Tsultrim Gyatso by  
Elizabeth Callahan, August 1994;

And, revised by J. Espada, in May, 2022.

## The Lam Rim Dedication Prayer

From my two collections, vast as space, that I have amassed  
 From working with effort at this practice for a great length of time,  
 May I become the chief leading Buddha for all those  
 Whose mind's wisdom eye is blinded by ignorance.

Even if I do not reach this state, may I be held  
 In your loving compassion for all my lives, Manjushri  
 May I find the best of complete graded paths of the teachings  
 And may I please all the Buddhas by practicing.

Using skillful means drawn by the strong force of compassion,  
 May I clear the darkness from the minds of all beings  
 With the points of the path as I have discerned them:  
 May I uphold Buddha's teachings for a very long time.

With my heart going out with great compassion  
 In whatever direction the most precious teachings  
 Have not yet spread, or once spread have declined,  
 May I expose this treasure of happiness and aid.

May the minds of those who wish for Liberation  
 be granted bounteous peace.  
 And the Buddha's deeds be nourished for a long time  
 By even this Graded Course to Enlightenment completed due to  
 The wondrous virtuous conduct of the Buddhas and their Sons.

May all human and non-human beings who eliminate adversity  
 And make things conducive for practicing the excellent paths  
 Never be parted in any of their lives  
 From the purest path praised by the Buddhas.

Whenever someone makes effort to act  
In accordance with the ten-fold Mahayana virtuous practices  
May he always be assisted by the mighty ones  
And may oceans of prosperity spread everywhere.

From A Guide to the Bodhisattva's Way of Life - Chapter Ten - Dedication

1. May all sentient beings be graced with the Bodhisattva way of life by the virtue I have obtained while reflecting on *A Guide to the Bodhisattva Way of Life*.
2. Through my merit, may all those in all directions who are afflicted by bodily and mental sufferings obtain oceans of joy and contentment.
3. As long as the cycle of existence lasts, may their happiness never decline. May the world attain the constant joy of the Bodhisattvas.
4. As many hells as there are in the worlds, may beings in them delight in the joys of contentment in Sukhavati.
5. May those afflicted with cold find warmth. May those oppressed with heat be cooled by oceans of water springing from the great clouds of the Bodhisattvas.
6. May the forest of sword-leaves become for them the splendor of a pleasure-grove; and may the swordlike Salmali trees grow as wish-fulfilling trees.
7. May the regions of hell become vast ponds of delight, fragrant with lotuses, beautiful and pleasing with the cries of white geese, wild ducks, ruddy geese, and swans.
8. May the heap of burning coal become a mound of jewels. May the burning ground become a crystal marble floor; and may the mountains of "the crushing hell" become temples of worship filled with Sugatas.
9. May the rain of burning coal, lava, and daggers from now on become a rain of flowers; and may mutual battling with weapons now become a playful flower-fight.

10. By the power of my virtue, may those whose flesh has completely fallen off, whose skeletons are of the color of a white jasmine flower, and who are immersed in the river Vaitarani whose water is like fire, attain celestial bodies and dwell with goddesses by the river Mandakini.

11. May the horrifying agents of Yama, crows, and vultures suddenly watch here in fear. Those looking upward behold blazing Vajrapani in the sky and wonder: "Whose is this brilliant light that dispels darkness all around and generates the joy of contentment?" May they depart together with him, freed of vice through the power of their joy.

12. A rain of lotuses falls mixed with fragrant waters. It is seen to extinguish the unceasing fires of the hells. May the beings of the hells, suddenly refreshed with joy, wonder, What is this? and may they see Padmapani.

13. Friends, come, come quickly! Cast away fear! We are alive! A radiant vanquisher of fear, a certain prince in a monastic robe, has come to us. By his power every adversity is removed, streams of delight flow, the Spirit of Awakening is born, as is compassion, the mother of protection of all beings.

14. Behold him whose lotus-feet are worshiped with tiaras of hundreds of gods, whose eyes are moist with compassion, on whose head a stream of diverse flowers rains down, with his delightful summer palaces celebrated by thousands of goddesses singing hymns of praise. Upon seeing Manjughosa before them, may the beings of the hells immediately cheer.

15. Through my virtues, may the beings of the hells rejoice upon seeing the unobscured clouds of Bodhisattvas, headed by Samantabhadra and bearing pleasant, cool, and fragrant rains and breezes.

16. May the intense pains and fears of the beings of the hells be pacified. May the inhabitants of all miserable states of existence be liberated from their woeful states.

17. May the animals' risk of being eaten by each other disappear. May the *pretas* be as happy as the people in Uttarakuru.

18. May the *pretas* always be satiated, bathed, and refreshed by the streams of milk pouring from the hand of noble Avalokitesvara.

19. May the blind always see forms, and may the deaf hear. May pregnant women give birth without pains, as did Mayadevi.

20. May they acquire everything that is beneficial and desired by the mind: clothing, food, drink, flower garlands, sandal-paste, and ornaments.

21. May the fearful become fearless and those struck by grief find joy. May the despondent become resolute and free of trepidation.

22. May the ill have good health. May they be freed from every bondage. May the weak become strong and have affectionate hearts for one another.

23. May all regions be advantageous to all those who travel on roads. May the purpose for which they set out be expediently accomplished.

24. May those who journey by boat succeed as they desire. May they safely reach the shore and rejoice with their relatives.

25. May those who find themselves on wrong paths in dreary forests come upon the company of fellow travelers; and without fatigue, may they journey without fear of bandits, tigers, and the like.

26. May deities protect the dull, the insane, the deranged, the helpless, the young, and the elderly, and those in danger from sickness, the wilderness, and so on.
27. May they be free from all lack of leisure; may they be endowed with faith, wisdom, and compassion; may they be possessed of stature and good conduct; and may they always remember their former lives.
28. May they be inexhaustible treasuries just like Sky-treasure. Free of conflict or irritation, may they have an independent way of life.
29. May beings who have little splendor be endowed with great magnificence. May unattractive wretches be endowed with beauty.
30. May the women in the world become men (if they wish to). May the lowly obtain grandeur and yet be free of arrogance.
31. Through this merit of mine, may all beings without exception abstain from every vice and always engage in virtue.
32. Not lacking the Spirit of Awakening, devoted to the Bodhisattva way of life, embraced by the Buddhas, and free of the deeds of Maras,
33. May all beings have immeasurable life spans. May they always live happily, and may even the word "death" disappear.
34. May all quarters of the world be delightful with gardens of wish-fulfilling trees, filled with the Buddhas and the Children of the Buddhas, and be enchanting with the sounds of Dharma.
35. May the ground everywhere be free from stones and rocks, smooth like the palm of the hand, soft and made of lapis lazuli.

36. May the great assemblies of Bodhisattvas sit on all sides. May they beautify the earth with their own resplendence.
37. May all beings unceasingly hear the sound of Dharma from the birds, from every tree, from the rays of light, and from the sky.
38. May they always encounter the Buddhas and the Children of the Buddhas. May they worship the Spiritual Mentor of the World with endless clouds of offerings.
39. May a god send rain in time, and may there be an abundance of crops. May the populace be prosperous, and may the king be righteous.
40. May medicines be effective, and may the mantras of those who recite them be successful. May *dakinis*, *raksasas*, and other ghouls be filled with compassion.
41. May no sentient being be unhappy, sinful, ill, neglected, or despised; and may no one be despondent.
42. May monasteries be well established, full of chanting and study. May there always be harmony among the Sangha, and may the purpose of the Sangha be accomplished.
43. May monks (and nuns) who wish to practice find solitude. May they meditate with their minds agile and free of all distractions.
44. May (monks and) nuns (monastics) receive provisions and be free of quarrels and troubles. May all renunciates be of untarnished ethical discipline.



45. May those who are of poor ethical discipline be disgusted and become constantly intent on the extinction of their vices. May they reach a fortunate state of existence, and may their vows remain unbroken there.

46. May they be learned and cultured, receive alms, and have provisions. May their mind-streams be pure and their fame be proclaimed in every direction.

47. Without experiencing the suffering of the miserable states of existence and without arduous practice, may the world attain Buddhahood in a single divine body.

48. May all sentient beings worship all the Buddhas in many ways. May they be exceedingly joyful with the inconceivable bliss of the Buddhas.

49. May the Bodhisattvas' wishes for the welfare of the world be fulfilled; and whatever the Protectors intend for sentient beings, may that be accomplished.

50. May the Pratyekabuddhas and Sravakas be happy, always worshiped by the lofty gods, *asuras*, and humans.

51. Through the grace of Manjughosa, may I always achieve ordination and the recollection of past lives until I reach the Joyous Ground.

52. May I live endowed with strength in whatever posture I am. In all my lives may I find plentiful places of solitude.

53. When I wish to see or ask something, may I see the Protector Marijunatha himself, without any impediment.

54. May my way of life be like that of Manjusri, who lives to accomplish the benefit of all sentient beings throughout the ten directions.

55. For as long as space endures and for as long as the world lasts, may I live dispelling the miseries of the world.

56. Whatever suffering there is for the world, may it all ripen upon me. May the world find happiness through all the virtues of the Bodhisattvas.

57. May the teaching that is the sole medicine for the suffering of the world and the source of all prosperity and joy remain for a long time, accompanied by riches and honor.

58. I bow to Manjughosa, through whose grace my mind turns to virtue. I salute my spiritual friend through whose kindness it becomes stronger.

A Dedication Prayer, by Shantideva

May all beings everywhere,  
Plagued by sufferings of body and mind,  
Obtain an ocean of happiness and joy  
By virtue of these merits.

May no living creature suffer,  
Commit evil or ever fall ill.  
May no one be afraid or belittled,  
With a mind weighed down by depression.

May the blind see forms,  
And the deaf hear sounds.  
May those whose bodies are worn with toil  
Be restored on finding repose.

May the naked find clothing,  
The hungry find food.  
May the thirsty find water  
And delicious drinks.

May the poor find wealth,  
Those weak with sorrow find joy.  
May the forlorn find hope,  
Constant happiness and prosperity

May there be timely rains  
And bountiful harvests.  
May all medicines be effective  
And wholesome prayers bear fruit.

May all who are sick and ill  
Quickly be freed from their ailments.  
Whatever diseases there are in the world,  
May they never occur again.

May the frightened cease to be afraid  
And those bound be freed.  
May the powerless find power  
And may people think of benefiting each other.

For as long as space remains,  
and for as long as sentient beings remain,  
until then, may I too remain,  
to dispel the suffering of the world